



Kalgoorlie-Boulder Community High School Course Outline

Health & Physical Education Year 7 2016

Health Education Term 1 Year 7 2016

Week	Outcome	Topic: Wellness	Formal Assessment Tasks	
1	Knowledge and Understanding (50%) Interpersonal Skills (25%) Self-management Skills (25%)	Introduction to health <ul style="list-style-type: none"> - Icebreakers - Program Outline, Assignment Outline, Class Rules - Why is Health Important? 	Year 7 Assessment One (Knowledge & Understanding – 25%)	
2		Bullying <ul style="list-style-type: none"> - Types of Bullying - Why do People Bully? - Possible Effects 		Year 7 Assessment Two (Knowledge & Understanding – 25%)
3		Cyber bullying <ul style="list-style-type: none"> - Scenarios - Precautions 		
4		Bullying cont'd <ul style="list-style-type: none"> - Selecting Responses to Bullying - Locating Help - Reporting 	Observational Checklist (IC) (Interpersonal Skills – 25%)	
5		Peer Influence <ul style="list-style-type: none"> - Examples - Positive and Negative 		Observational Checklist (IC) (Self-management Skills – 25%)
6		Peer Influence cont'd <ul style="list-style-type: none"> - Assessing the Situation - Responses to Peer Influence - Assessment Preparation *Year 7 Wellness Assessment One	Teachers use observational checklists and class discussions to determine student progress for attitude, behaviour and effort (ABE). Students are provided with regular direct feedback on classwork and achievement. Informal assessments occur on an ongoing basis to provide balance of academic performance.	
7		Peer Influence Assessment <ul style="list-style-type: none"> - Role play scenarios presentations *Year 7 Wellness Assessment One		
8		Self-Understanding (positive well-being) <ul style="list-style-type: none"> - Creating a Positive Frame of Mind - Thinking Optimistically 		
9		Self-Understanding (expectations) <ul style="list-style-type: none"> - Gender Images and Expectations 		
10		Wellness Assessment <ul style="list-style-type: none"> - Multi-choice, short and extended answer questions *Year 7 Wellness Assessment Two		

(IC) = In-Class Assessment (AH) = At-Home Assessment



Kalgoorlie-Boulder Community High School Course Outline

Physical Education Term 1 Year 7 2016

Week	Outcome	Topic	Formal Assessment Tasks
1	Skills For Physical Activity (50%) Interpersonal Skills (25%) Self-management Skills (25%)	Year 7 Sport Context 1 Selection made from: - T-Ball - Basketball - Cricket - Netball - Sofcrosse Warm Up Skills and Active Stretching - Skill Development - Drills - Skill Development - Modified Games - Team Strategies & Tactics – Modified Games - Skill Development - Official Games - Team Strategies & Tactics – Official Games - Umpiring – General & Sport-Specific Skills - Captaincy / Leadership Skills and Knowledge	Year 7 Sport Context 1 (IC) Selection made from: - T-Ball - Basketball - Cricket - Netball - Sofcrosse (Skills For Physical Activity – 25%)
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6		Year 7 Sport Context 2 Selection made from: - T-Ball - Basketball - Cricket - Netball - Sofcrosse Warm Up Skills and Active Stretching - Skill Development - Drills - Skill Development - Modified Games - Team Strategies & Tactics – Modified Games - Skill Development - Official Games - Team Strategies & Tactics – Official Games - Umpiring – General & Sport-Specific Skills - Captaincy / Leadership Skills and Knowledge Student are required to participate in a class competition format as a: - Player - Umpire - Organiser / Administrator	Year 7 Sport Context 2 (IC) Selection made from: T-Ball Basketball Cricket Netball Sofcrosse (Skills For Physical Activity – 25%) Observational Checklist (IC) (Interpersonal Skills – 25%) Observational Checklist (IC) (Self-management Skills – 25%) Teachers use observational checklists and teamwork to determine student progress for attitude, behaviour and effort (ABE). Students are provided with regular direct feedback on classwork and achievement. Informal assessments occur on an ongoing basis to provide balance of academic performance.
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Physical Education Term 2 Year 7 2016

Week	Outcome	Topic	Formal Assessment Tasks
1	Skills For Physical Activity (50%) Interpersonal Skills (25%) Self-management Skills (25%)	Year 7 Sport Context 3 Selection made from: - T-Ball - Basketball - Cricket - Netball - Sofcrosse Warm Up Skills and Active Stretching - Skill Development - Drills - Skill Development - Modified Games - Team Strategies & Tactics – Modified Games - Skill Development - Official Games - Team Strategies & Tactics – Official Games - Umpiring – General & Sport-Specific Skills - Captaincy / Leadership Skills and Knowledge Student are required to participate in a class competition format as a:	Year 7 Sport Context 3 (IC) Selection made from: - T-Ball - Basketball - Cricket - Netball - Sofcrosse (Skills For Physical Activity – 25%) Year 7 Sport Context 4 (IC) Selection made from: - T-Ball - Basketball - Cricket - Netball - Sofcrosse (Skills For Physical Activity – 25%)
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6		Year 7 Sport Context 4 Selection made from: - T-Ball - Basketball - Cricket - Netball - Sofcrosse Warm Up Skills and Active Stretching - Skill Development - Drills - Skill Development - Modified Games - Team Strategies & Tactics – Modified Games - Skill Development - Official Games - Team Strategies & Tactics – Official Games - Umpiring – General & Sport-Specific Skills - Captaincy / Leadership Skills and Knowledge Student are required to participate in a class competition format as a:	Observational Checklist (IC) (Interpersonal Skills – 25%) Observational Checklist (IC) (Self-management Skills – 25%) Teachers use observational checklists and teamwork to determine student progress for attitude, behaviour and effort (ABE). Students are provided with regular direct feedback on classwork and achievement. Informal assessments occur on an ongoing basis to provide balance of academic performance.
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Physical Education Term 3 Year 7 2016

Week	Outcome	Topic	Formal Assessment Tasks
1	Skills For Physical Activity (50%) Interpersonal Skills (25%) Self-management Skills (25%)	Year 7 Athletics Context Events include: <ul style="list-style-type: none"> - Track Events (100m, 200m, 400m, 800m) - Discus - Shot Put - Cross-Country - Long Jump - Triple Jump - High Jump 	Year 7 Athletics Context (IC) Events include: Track Events Discus Shot Put Cross-Country Long Jump Triple Jump High Jump (Skills For Physical Activity – 40%) Year 7 Team Games Context (IC) (Skills For Physical Activity – 10%) Observational Checklist (IC) (Interpersonal Skills – 25%) Observational Checklist (IC) (Self-management Skills – 25%) Teachers use observational checklists and teamwork to determine student progress for attitude, behaviour and effort (ABE).
2		Warm Up Skills and Active Stretching	
3		<ul style="list-style-type: none"> - Skill Development - Drills - Skill Development – Competition Format - Event Strategies & Tactics – Competition - Skill Development - Official Event - Event Strategies & Tactics – Official Event 	
4		<ul style="list-style-type: none"> - Officiating– General & Sport-Specific Skills - Captaincy / Leadership Skills and Knowledge 	
5		Student are required to participate in a class competition format as a: <ul style="list-style-type: none"> - Competitor - Official - Organiser / Administrator 	
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8		Athletics Faction Carnival – Whole School	
9	Year 7 Team Games Context <ul style="list-style-type: none"> - Class vs Class challenges - Capture the Flag - End Ball - Ultimate Frisbee 	Students are provided with regular direct feedback on classwork and achievement. Informal assessments occur on an ongoing basis to provide balance of academic performance.	
10	Year 7 Team Games Context <ul style="list-style-type: none"> - Class vs Class challenges - Capture the Flag - End Ball - Ultimate Frisbee 		

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Physical Education Term 4 Year 7 2016

Week	Outcome	Topic	Formal Assessment Tasks	
1	Skills For Physical Activity (50%)	Year 7 Sport Context 5 Selection made from:	Year 7 Sport Context 5 (IC) Selection made from: T-Ball Basketball Cricket Netball Sofcrosse (Skills For Physical Activity – 25%)	
2		- T-Ball - Basketball - Cricket - Netball - Sofcrosse		
3		Warm Up Skills and Active Stretching - Skill Development - Drills - Skill Development - Modified Games - Team Strategies & Tactics – Modified Games		
4		- Skill Development - Official Games - Team Strategies & Tactics – Official Games - Umpiring – General & Sport-Specific Skills - Captaincy / Leadership Skills and Knowledge		
5		Student are required to participate in a class competition format as a: - Player - Umpire - Organiser / Administrator		
6		Interpersonal Skills (25%)	Year 7 Sport Context 6 (IC) Selection made from: T-Ball Basketball Cricket Netball Sofcrosse (Skills For Physical Activity – 25%)	
7		Self-management Skills (25%)	Year 7 Sport Context 6 – Class Competition Tournament - Authentic Sports Season - Warm Up Skills and Active Stretching - Skill Development - Drills - Skill Development - Modified Games - Team Strategies & Tactics – Modified Games	Observational Checklist (IC) (Interpersonal Skills – 25%) Observational Checklist (IC) (Self-management Skills – 25%) Teachers use observational checklists and teamwork to determine student progress for attitude, behaviour and effort (ABE). Students are provided with regular direct feedback on classwork and achievement. Informal assessments occur on an ongoing basis to provide balance of academic performance.
8		- Skill Development - Official Games - Team Strategies & Tactics – Official Games - Umpiring – General & Sport-Specific Skills - Captaincy / Leadership Skills and Knowledge		
9		Student are required to participate in a class competition format as a: - Player - Umpire - Organiser / Administrator		
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Kalgoorlie-Boulder Community High School Course Outline

Multi-Sport- Introductory Course (1 Term Duration) Year 7 2016

Week	Outcome	Topic	Formal Assessment Tasks
1	Interpersonal Skills (50%) Self-management Skills (50%)	<p>Multi-Sport Selection 1, 2, 3, 4 & 5</p> <p>Sport selections are decided by the individual teacher and are designed to suit the interest and needs of the student group. Some of the sports may include the following:</p> <ul style="list-style-type: none"> - European Handball - Dodgeball Games - Gridiron - Indoor Cricket - Floor Hockey - Indoor Soccer - League Tag - Table Tennis - Darts - Flags - Ultimate Frisbee - Futsal Soccer <p>Team Strategies & Tactics – Modified Games Umpiring – General & Sport-Specific Skills Captaincy / Leadership Skills and Knowledge</p> <p>Student are required to participate in a class competition format as a Player, Umpire & Organiser / Administrator</p>	<p>Multi-Sport Possible sport selections: European Handball Dodgeball Games Gridiron Indoor Cricket Floor Hockey Indoor Soccer League Tag Table Tennis Darts Flags Ultimate Frisbee Futsal Soccer</p> <p>Observational Checklist (IC) (Interpersonal Skills – 50%)</p> <p>Observational Checklist (IC) (Self-management Skills – 50%)</p> <p>Teachers use observational checklists and class discussions to determine student progress for attitude, behaviour and effort (ABE).</p> <p>Students are provided with regular direct feedback on classwork and achievement.</p> <p>Informal assessments occur on an ongoing basis to provide balance of academic performance.</p>
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