

Health & Physical Education Year 7 2016

Health Education Term 1 Year 7 2016

Week	Outcome	Topic: Wellness	Formal Assessment
1	Knowledge and Understanding (50%) Interpersonal Skills (25%) Self-management Skills (25%)	Introduction to health - Icebreakers - Program Outline, Assignment Outline, Class Rules - Why is Health Important?	Year 7 Assessment One (Knowledge &
2		Bullying - Types of Bullying - Why do People Bully? - Possible Effects	Understanding – 25%) Year 7 Assessment Two (Knowledge & Understanding – 25%)
3		Cyber bullying - Scenarios - Precautions	
4		Bullying cont'd - Selecting Responses to Bullying - Locating Help - Reporting	Observational Checklist (IC) (Interpersonal Skills – 25%)
5		Peer Influence - Examples - Positive and Negative	Observational Checklist (IC) (Self-management Skills – 25%) Teachers use observational checklists
6		Peer Influence cont'd	
7		Peer Influence Assessment - Role play scenarios presentations *Year 7 Wellness Assessment One	and class discussions to determine student progress for attitude, behaviour and effort (ABE).
8		Self-Understanding (positive well-being) - Creating a Positive Frame of Mind - Thinking Optimistically	Students are provided with regular direct feedback on classwork and achievement.
9		Self-Understanding (expectations) - Gender Images and Expectations	Informal assessments
10		Wellness Assessment - Multi-choice, short and extended answer questions *Year 7 Wellness Assessment Two	occur on an ongoing basis to provide balance of academic performance



Physical Education Term 1 Year 7 2016

	Formal Assessment			
Week	Outcome	Topic	Tasks	
1	Skills For Physical Activity (50%) Interpersonal Skills (25%)	Year 7 Sport Context 1 Selection made from: - T-Ball	Year 7 Sport Context 1 (IC) Selection made from:	
		BasketballCricketNetball	- T-Ball - Basketball - Cricket	
2		SofcrosseWarm Up Skills and Active StretchingSkill Development - Drills	- Netball - Sofcrosse (Skills For Physical	
3		 Skill Development - Modified Games Team Strategies & Tactics – Modified Games Skill Development - Official Games Team Strategies & Tactics – Official 	Activity – 25%) Year 7 Sport Context 2 (IC) Selection made from:	
4		Games - Umpiring – General & Sport-Specific Skills - Captaincy / Leadership Skills and Knowledge	T-Ball Basketball Cricket Netball Sofcrosse	
5		Student are required to participate in a class competition format as a: - Player - Umpire	(Skills For Physical Activity – 25%) Observational Checklist	
		- Organiser / Administrator Year 7 Sport Context 2	(IC) - (Interpersonal Skills – 25%)	
6	Self- management	Selection made from: - T-Ball - Basketball	Observational Checklist (IC)	
7	Skills (25%)	 Cricket Netball Sofcrosse Warm Up Skills and Active Stretching 	(Self-management Skills – 25%)	
		 Skill Development - Drills Skill Development - Modified Games Team Strategies & Tactics – Modified 	Teachers use observational checklists and teamwork to determine student	
8		Games - Skill Development - Official Games - Team Strategies & Tactics – Official Games	progress for attitude, behaviour and effort (ABE).	
9		 Games Umpiring – General & Sport-Specific Skills Captaincy / Leadership Skills and Knowledge 	Students are provided with regular direct feedback on classwork and achievement.	
10		Student are required to participate in a class competition format as a: - Player - Umpire - Organiser / Administrator	Informal assessments occur on an ongoing basis to provide balance	
10			•	



Physical Education Term 2 Year 7 2016

Physical Education Term 2 Year 7 2016 Week Contains Formal Assessment			
Week	Outcome	Торіс	Tasks
1	Skills For Physical Activity (50%) Interpersonal Skills (25%) Self-management Skills (25%)	Year 7 Sport Context 3 Selection made from: - T-Ball - Basketball - Cricket	Year 7 Sport Context 3 (IC) Selection made from: - T-Ball - Basketball
2		- Netball Sofcrosse - Warm Up Skills and Active Stretching Skill Development - Drills (Skills	CricketNetballSofcrosse(Skills For Physical
3		 Skill Development - Modified Games Team Strategies & Tactics – Modified Games Skill Development - Official Games Team Strategies & Tactics – Official 	Activity – 25%) Year 7 Sport Context 4 (IC) Selection made from:
4		Games - Umpiring – General & Sport-Specific Skills - Captaincy / Leadership Skills and Knowledge	T-BallBasketballCricketNetballSofcrosse
5		Student are required to participate in a class competition format as a:	(Skills For Physical Activity – 25%) Observational Checklist (IC) (Interpersonal Skills – 25%) Observational Checklist (IC)
6		Year 7 Sport Context 4 Selection made from: - T-Ball - Basketball	
7		 Cricket Netball Sofcrosse Warm Up Skills and Active Stretching Skill Development - Drills 	(Self-management Skills – 25%) Teachers use observational checklists
8		 Skill Development - Modified Games Team Strategies & Tactics – Modified Games Skill Development - Official Games Team Strategies & Tactics – Official Games 	and teamwork to determine student progress for attitude, behaviour and effort (ABE).
9		Umpiring – General & Sport-Specific Skills Captaincy / Leadership Skills and Knowledge Student are required to participate in a class	Students are provided with regular direct feedback on classwork and achievement.
10		competition format as a: - Player - Umpire - Organiser / Administrator	Informal assessments occur on an ongoing basis to provide balance of academic performance.



Physical Education Term 3 Year 7 2016

Week	Outcome	Topic	Formal Assessment
			Tasks Year 7 Athletics Context
1		Year 7 Athletics Context Events include: - Track Events (100m, 200m, 400m, 800m) - Discus - Shot Put	(IC) Events include: Track Events Discus Shot Put
2	. Skills For	 Cross-Country Long Jump Triple Jump High Jump Warm Up Skills and Active Stretching 	Cross-Country Long Jump Triple Jump High Jump (Skills For Physical
3	Physical Activity (50%)	 Skill Development - Drills Skill Development - Competition Format Event Strategies & Tactics - Competition Skill Development - Official Event 	Activity – 40%) Year 7 Team Games
4	Interpersonal Skills (25%) Self-	 Event Strategies & Tactics – Official Event Officiating– General & Sport-Specific Skills Captaincy / Leadership Skills and 	Context (IC) (Skills For Physical Activity – 10%) Observational Checklist
5	management Skills (25%)	Knowledge Student are required to participate in a class competition format as a: - Competitor - Official - Organiser / Administrator	(IC) (Interpersonal Skills – 25%)
6		Organison / Mariinionator	Observational Checklist (IC)
7		Athletics Faction Carnival – Whole School	(Self-management Skills – 25%)
8			Teachers use observational checklists
9		Year 7 Team Games Context - Class vs Class challenges - Capture the Flag - End Ball - Ultimate Frisbee	and teamwork to determine student progress for attitude, behaviour and effort (ABE).
10		Year 7 Team Games Context - Class vs Class challenges - Capture the Flag - End Ball - Ultimate Frisbee	Students are provided with regular direct feedback on classwork and achievement. Informal assessments occur on an ongoing basis to provide balance of academic performance.



Physical Education Term 4 Year 7 2016

	FilySical Education Term 4 Teal 7 2010			
Week	Outcome	Topic	Formal Assessment	
		•	Tasks	
		Year 7 Sport Context 5		
1		Selection made from:		
,		- T-Ball	Year 7 Sport Context 5 (IC)	
		- Basketball - Cricket	Selection made from:	
		- Netball	T-Ball	
		- Sofcrosse	Basketball	
2		Warm Up Skills and Active Stretching	Cricket	
		- Skill Development - Drills	Netball Sofcrosse	
		- Skill Development - Modified Games	(Skills For Physical Activity	
		- Team Strategies & Tactics – Modified	- 25%)	
3		Games	2370)	
3		- Skill Development - Official Games	Year 7 Sport Context 6 (IC)	
		- Team Strategies & Tactics – Official	Selection made from:	
		Games	T-Ball	
		- Umpiring – General & Sport-Specific	Basketball	
4		Skills - Captaincy / Leadership Skills and	Cricket	
	Skills For	Knowledge	Netball	
	Physical	Student are required to participate in a class	Softrosse	
	Activity	competition format as a:	(Skills For Physical Activity	
5	(50%)	- Player	– 25%)	
5		- Umpire	Observational Checklist	
		- Organiser / Administrator	(IC)	
	Interpersonal		(Interpersonal Skills – 25%)	
	Skills (25%)	a . a a a . a . a		
6		Year 7 Sport Context 6 – Class Competition	Observational Checklist	
	Self-	Tournament	(IC)	
	management	- Authentic Sports Season	(Self-management Skills –	
	Skills (25%)	Warm Up Skills and Active Stretching	25%)	
7	, ,	- Skill Development - Drills	Teachers use observational	
,		- Skill Development - Modified Games	checklists and teamwork to	
		- Team Strategies & Tactics - Modified	determine student progress	
		Games	for attitude, behaviour and	
		- Skill Development - Official Games	effort (ABE).	
8		 Team Strategies & Tactics – Official 	, ,	
		Games	Students are provided with	
9		 Umpiring – General & Sport-Specific Skills Captaincy / Leadership Skills and Knowledge Student are required to participate in a class 	regular direct feedback on	
			classwork and achievement.	
			Informal accompany	
		competition format as a:	Informal assessments occur	
		- Player	on an ongoing basis to provide balance of academic	
		- Umpire	performance.	
10		- Organiser / Administrator	portorniano.	



Multi-Sport- Introductory Course (1 Term Duration) Year 7 2016

Week	Outcome	Topic	Formal Assessment Tasks
1	Interpersonal Skills (50%) Self- management Skills (50%)		Multi-Sport Possible sport selections: European Handball
2		Dodg Gridii Indoo Floor Indoo Multi-Sport Selection 1, 2, 3, 4 & 5 Sport selections are decided by the individual teacher and are designed to suit the interest and	Dodgeball Games Gridiron Indoor Cricket Floor Hockey Indoor Soccer League Tag Table Tennis Darts Flags Ultimate Frisbee
3			
4		may include the following: - European Handball - Dodgeball Games - Gridiron - Futsal So Observat (IC)	Futsal Soccer Observational Checklist (IC)
5		- Floor Hockey - Indoor Soccer - League Tag - Table Tennis - Darts - Flags - Ultimate Frisbee	Observational Checklist
6			(Self-management Skills – 50%) Teachers use
7		Team Strategies & Tactics – Modified Games Umpiring – General & Sport-Specific Skills Captaincy / Leadership Skills and Knowledge Student are required to participate in a class	observational checklists and class discussions to determine student progress for attitude, behaviour and effort (ABE). Students are provided with regular direct feedback on classwork and achievement.
8		competition format as a Player, Umpire & Organiser / Administrator	
9			Informal assessments occur on an ongoing basis to provide balance
10			of academic performance.