



Kalgoorlie-Boulder Community High School Course Outline

Health & Physical Education Year 9 2016

Health Education Term 1 Year 9 2016

Week	Outcome	Topic – Drug Education	Formal Assessment Tasks	
1	Knowledge and Understanding (50%)	Drugs <ul style="list-style-type: none"> - Drug Classification & Illegal / legal Drugs - Why People Take Drugs - Negative Effects on Life - Values Activity 	Year 9 Drug Education Examination (IC) Multiple Choice Short Answer Extended Answer (Knowledge & Understanding – 25%)	
2		Alcohol <ul style="list-style-type: none"> - Statistics - Teenage Drinking - Short & Long Term Effects 		
3		Alcohol <ul style="list-style-type: none"> - Standard Drinks & BAC - Binge Drinking - Drinking and the Law 		
4		Tobacco & Cannabis <ul style="list-style-type: none"> - Short & Long Term Effects - Cannabis and the Law 		
5		Interpersonal Skills (25%)		Illicit Drugs <ul style="list-style-type: none"> - Cocaine, Ecstasy, Heroin, LSD, etc. *Year 9 Drug Education Assignment (hand out)
6		Self-management Skills (25%)		Illicit Drugs <ul style="list-style-type: none"> - Year 9 Drug Education Assignment
7				Harm Minimisation <ul style="list-style-type: none"> - Emergency Care Skills - Planning for a safe party (guest) - Hosting a safe party *Year 9 Drug Education Assignment Due
8				Cannabis <ul style="list-style-type: none"> - Medicinal Purposes - Introductions of 4L's (liver, lover, livelihood, law)
9				Pharmaceutical / Prescription Drugs <ul style="list-style-type: none"> - Effects of No Dose/ Energy Drinks - Legal / Illegal & Over-the-counter
10				Year 9 Drug Education Examination <ul style="list-style-type: none"> - Revision *Year 9 Drug Education Examination

(IC) = In-Class Assessment (AH) = At-Home Assessment



Kalgoorlie-Boulder Community High School Course Outline

Physical Education Term 1 Year 9 2016

Week	Outcome	Topic	Formal Assessment Tasks
1	Skills For Physical Activity (50%) Interpersonal Skills (25%) Self-management Skills (25%)	Year 9 Sport Context 1 Selection made from: - Volleyball - Baseball - Tennis - Soccer - Recreation Football or Rugby	Year 9 Sport Context 1 (IC) Selection made from: Volleyball Baseball Tennis Soccer Recreation Football or Rugby (Skills For Physical Activity – 25%)
2		Warm Up Skills and Active Stretching - Skill Development - Drills - Skill Development - Modified Games - Team Strategies & Tactics – Modified Games	
3		- Skill Development - Official Games - Team Strategies & Tactics – Official Games	
4		- Umpiring – General & Sport-Specific Skills - Captaincy / Leadership Skills and Knowledge	
5		Student are required to participate in a class competition format as a: - Player - Umpire - Organiser / Administrator	
6		Year 9 Sport Context 1 Selection made from: - Volleyball - Baseball - Tennis - Soccer - Recreation Football or Rugby	Observational Checklist (IC) (Interpersonal Skills – 25%)
7		Warm Up Skills and Active Stretching - Skill Development - Drills - Skill Development - Modified Games - Team Strategies & Tactics – Modified Games	Observational Checklist (IC) (Self-management Skills – 25%)
8		- Skill Development - Official Games - Team Strategies & Tactics – Official Games	Teachers use observational checklists and teamwork to determine student progress for attitude, behaviour and effort (ABE). Students are provided with regular direct feedback on classwork and achievement. Informal assessments occur on an ongoing basis to provide balance of academic performance.
9		- Umpiring – General & Sport-Specific Skills - Captaincy / Leadership Skills and Knowledge	
10		Student are required to participate in a class competition format as a: - Player - Umpire - Organiser / Administrator	

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Kalgoorlie-Boulder Community High School Course Outline

Physical Education Term 2 Year 9 2016

Week	Outcome	Topic	Formal Assessment Tasks
1	Skills For Physical Activity (50%) Interpersonal Skills (25%) Self-management Skills (25%)	Year 9 Sport Context 3 Selection made from: - Volleyball - Baseball - Tennis - Soccer - Recreation Football or Rugby	Year 9 Sport Context 2 (IC) Selection made from: Volleyball Baseball Tennis Soccer Recreation Football or Rugby (Skills For Physical Activity – 25%) Year 9 Sport Context 4 (IC) Selection made from: Volleyball Baseball Tennis Soccer Recreation Football or Rugby (Skills For Physical Activity – 25%) Observational Checklist (IC) (Interpersonal Skills – 25%) Observational Checklist (IC) (Self-management Skills – 25%) Teachers use observational checklists and teamwork to determine student progress for attitude, behaviour and effort (ABE). Students are provided with regular direct feedback on classwork and achievement. Informal assessments occur on an ongoing basis to provide balance of academic performance.
2		Warm Up Skills and Active Stretching - Skill Development - Drills - Skill Development - Modified Games - Team Strategies & Tactics – Modified Games	
3		- Skill Development - Official Games - Team Strategies & Tactics – Official Games	
4		- Umpiring – General & Sport-Specific Skills - Captaincy / Leadership Skills and Knowledge	
5		Student are required to participate in a class competition format as a: - Player - Umpire - Organiser / Administrator	
6		Year 9 Sport Context 4 Selection made from: - Volleyball - Baseball - Tennis - Soccer - Recreation Football or Rugby	
7		Warm Up Skills and Active Stretching - Skill Development - Drills - Skill Development - Modified Games - Team Strategies & Tactics – Modified Games	
8		- Skill Development - Official Games - Team Strategies & Tactics – Official Games	
9		- Umpiring – General & Sport-Specific Skills - Captaincy / Leadership Skills and Knowledge	
10		Student are required to participate in a class competition format as a: - Player - Umpire - Organiser / Administrator	

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Kalgoorlie-Boulder Community High School Course Outline

Physical Education Term 3 Year 9 2016

Week	Outcome	Topic	Formal Assessment Tasks
1	Skills For Physical Activity (50%) Interpersonal Skills (25%) Self-management Skills (25%)	Year 9 Athletics Context Events include: - Track Events (100m, 200m, 400m, 800m) - Discus - Shot Put - Cross-Country - Long Jump - Triple Jump - High Jump	Year 9 Athletics Context (IC) Events include: Track Events Discus Shot Put Cross-Country Long Jump Triple Jump High Jump (Skills For Physical Activity – 40%)
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4		Warm Up Skills and Active Stretching - Skill Development - Drills - Skill Development – Competition Format - Event Strategies & Tactics – Competition	Year 9 Team Games Context (IC) (Skills For Physical Activity – 10%)
5		- Skill Development - Official Event - Event Strategies & Tactics – Official Event - Officiating– General & Sport-Specific Skills - Captaincy / Leadership Skills and Knowledge	
6		Student are required to participate in a class competition format as a: - Competitor - Official - Organiser / Administrator	Observational Checklist (IC) (Self-management Skills – 25%)
7		Athletics Faction Carnival – Whole School	Teachers use observational checklists and teamwork to determine student progress for attitude, behaviour and effort (ABE).
8			Students are provided with regular direct feedback on classwork and achievement.
9			Informal assessments occur on an ongoing basis to provide balance of academic performance.
10		Year 9 Team Games Context - Class vs Class competition - Capture the Flag - End Ball - Ultimate Frisbee	Year 9 Team Games Context - Class vs Class competition - Capture the Flag - End Ball - Ultimate Frisbee

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Kalgoorlie-Boulder Community High School Course Outline

Physical Education Term 4 Year 9 2016

Week	Outcome	Topic	Formal Assessment Tasks
1	Skills For Physical Activity (50%) Interpersonal Skills (25%) Self-management Skills (25%)	Year 9 Sport Context 5 Selection made from: <ul style="list-style-type: none"> - Volleyball - Baseball - Tennis - Soccer - Recreation Football or Rugby 	Year 9 Sport Context 2 (IC) Selection made from: Volleyball Baseball Tennis Soccer Recreation Football or Rugby (Skills For Physical Activity – 25%) Year 9 Sport Context 6– SEPEP (IC) Authentic Sports Season (Skills For Physical Activity – 25%) Observational Checklist (IC) (Interpersonal Skills – 25%) Observational Checklist (IC) (Self-management Skills – 25%) Teachers use observational checklists and teamwork to determine student progress for attitude, behaviour and effort (ABE). Students are provided with regular direct feedback on classwork and achievement. Informal assessments occur on an ongoing basis to provide balance of academic performance.
2		Warm Up Skills and Active Stretching <ul style="list-style-type: none"> - Skill Development - Drills - Skill Development - Modified Games - Team Strategies & Tactics – Modified Games 	
3		<ul style="list-style-type: none"> - Skill Development - Official Games - Team Strategies & Tactics – Official Games - Umpiring – General & Sport-Specific Skills 	
4		<ul style="list-style-type: none"> - Captaincy / Leadership Skills and Knowledge 	
5		Student are required to participate in a class competition format as a: <ul style="list-style-type: none"> - Player - Umpire - Organiser / Administrator 	
6		Year 9 Sport Context 6 - SEPEP Authentic Sports Season	
7		Warm Up Skills and Active Stretching <ul style="list-style-type: none"> - Skill Development - Drills - Skill Development - Modified Games - Team Strategies & Tactics – Modified Games 	
8		<ul style="list-style-type: none"> - Skill Development - Official Games - Team Strategies & Tactics – Official Games - Umpiring – General & Sport-Specific Skills 	
9		<ul style="list-style-type: none"> - Captaincy / Leadership Skills and Knowledge 	
10		Student are required to participate in a class competition format as a: <ul style="list-style-type: none"> - Player - Umpire - Organiser / Administrator 	

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Kalgoorlie-Boulder Community High School Course Outline

Multi-Sport- Social Sport Course Term 1 Year 9 2016

Week	Outcome	Topic	Formal Assessment Tasks
1	Interpersonal Skills (50%) Self-management Skills (50%)	<p>Multi-Sport Selection 1, 2, 3, 4 & 5</p> <p>Sport selections are decided by the individual teacher and are designed to suit the interest and needs of the student group. Some of the sports may include the following:</p> <ul style="list-style-type: none"> - European Handball - Dodgeball Games - Gridiron - Indoor Cricket - Floor Hockey - Indoor Soccer - League Tag - Table Tennis - Darts - Flags - Ultimate Frisbee - Futsal Soccer <p>Team Strategies & Tactics – Modified Games Umpiring – General & Sport-Specific Skills Captaincy / Leadership Skills and Knowledge</p> <p>Student are required to participate in a class competition format as a Player, Umpire & Organiser / Administrator</p>	<p>Multi-Sport Possible sport selections: European Handball Dodgeball Games Gridiron Indoor Cricket Floor Hockey Indoor Soccer League Tag Table Tennis Darts Flags Ultimate Frisbee Futsal Soccer</p> <p>Observational Checklist (IC) (Interpersonal Skills – 50%)</p> <p>Observational Checklist (IC) (Self-management Skills – 50%)</p> <p>Teachers use observational checklists and class discussions to determine student progress for attitude, behaviour and effort (ABE).</p> <p>Students are provided with regular direct feedback on classwork and achievement.</p> <p>Informal assessments occur on an ongoing basis to provide balance of academic performance.</p>
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Kalgoorlie-Boulder Community High School Course Outline

Multi-Sport- Social Sport Course Term 2 Year 9 2016

Week	Outcome	Topic	Formal Assessment Tasks
1	Interpersonal Skills (50%) Self-management Skills (50%)	<p>Multi-Sport Selection 5, 6, 7, 8, 9 & 10</p> <p>Sport selections are decided by the individual teacher and are designed to suit the interest and needs of the student group. Some of the sports may include the following:</p> <ul style="list-style-type: none"> - European Handball - Dodgeball Games - Gridiron - Indoor Cricket - Floor Hockey - Indoor Soccer - League Tag - Table Tennis - Darts - Flags - Ultimate Frisbee - Futsal Soccer <p>Team Strategies & Tactics – Modified Games Umpiring – General & Sport-Specific Skills Captaincy / Leadership Skills and Knowledge</p> <p>Student are required to participate in a class competition format as a Player, Umpire & Organiser / Administrator</p>	<p>Multi-Sport Possible sport selections: European Handball Dodgeball Games Gridiron Indoor Cricket Floor Hockey Indoor Soccer League Tag Table Tennis Darts Flags Ultimate Frisbee Futsal Soccer</p> <p>Observational Checklist (IC) (Interpersonal Skills – 50%)</p> <p>Observational Checklist (IC) (Self-management Skills – 50%)</p> <p>Teachers use observational checklists and class discussions to determine student progress for attitude, behaviour and effort (ABE).</p> <p>Students are provided with regular direct feedback on classwork and achievement.</p> <p>Informal assessments occur on an ongoing basis to provide balance of academic performance.</p>
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Kalgoorlie-Boulder Community High School Course Outline

Multi-Sport- Social Sport Course Term 3 Year 9 2016

Week	Outcome	Topic	Formal Assessment Tasks
1	Interpersonal Skills (50%) Self-management Skills (50%)	<p>Multi-Sport Selection 11, 12, 13, 14 & 15</p> <p>Sport selections are decided by the individual teacher and are designed to suit the interest and needs of the student group. Some of the sports may include the following:</p> <ul style="list-style-type: none"> - European Handball - Dodgeball Games - Gridiron - Indoor Cricket - Floor Hockey - Indoor Soccer - League Tag - Table Tennis - Darts - Flags - Ultimate Frisbee - Futsal Soccer <p>Team Strategies & Tactics – Modified Games Umpiring – General & Sport-Specific Skills Captaincy / Leadership Skills and Knowledge</p> <p>Student are required to participate in a class competition format as a Player, Umpire & Organiser / Administrator</p>	<p>Multi-Sport Possible sport selections: European Handball Dodgeball Games Gridiron Indoor Cricket Floor Hockey Indoor Soccer League Tag Table Tennis Darts Flags Ultimate Frisbee Futsal Soccer</p> <p>Observational Checklist (IC) (Interpersonal Skills – 50%)</p> <p>Observational Checklist (IC) (Self-management Skills – 50%)</p> <p>Teachers use observational checklists and class discussions to determine student progress for attitude, behaviour and effort (ABE).</p> <p>Students are provided with regular direct feedback on classwork and achievement.</p> <p>Informal assessments occur on an ongoing basis to provide balance of academic performance.</p>
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Kalgoorlie-Boulder Community High School Course Outline

Multi-Sport- Social Sport Course Term 4 Year 9 2016

Week	Outcome	Topic	Formal Assessment Tasks
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3		Multi-Sport Selection 16, 17, 18, 19 & 20	
4		Sport selections are decided by the individual teacher and are designed to suit the interest and needs of the student group. Some of the sports may include the following:	
5	Interpersonal Skills (50%)	<ul style="list-style-type: none"> - European Handball - Dodgeball Games - Gridiron - Indoor Cricket - Floor Hockey - Indoor Soccer - League Tag - Table Tennis - Darts - Flags - Ultimate Frisbee - Futsal Soccer 	Multi-Sport Possible sport selections: European Handball Dodgeball Games Gridiron Indoor Cricket Floor Hockey Indoor Soccer League Tag Table Tennis Darts Flags Ultimate Frisbee Futsal Soccer Observational Checklist (IC) (Interpersonal Skills – 50%)
6	Self-management Skills (50%)		Observational Checklist (IC) (Self-management Skills – 50%)
7		Team Strategies & Tactics – Modified Games Umpiring – General & Sport-Specific Skills Captaincy / Leadership Skills and Knowledge	Teachers use observational checklists and class discussions to determine student progress for attitude, behaviour and effort (ABE).
8		Student are required to participate in a class competition format as a Player, Umpire & Organiser / Administrator	Students are provided with regular direct feedback on classwork and achievement.
9			Informal assessments occur on an ongoing basis to provide balance of academic performance.
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Kalgoorlie-Boulder Community High School Course Outline

Specialised Football Term 1 Year 9 2016

Week	Outcome	Topic	Formal Assessment Tasks
1	Skills For Physical Activity (50%) Interpersonal Skills (25%) Self-management Skills (25%)	Fitness Training - Endurance - Strength / Power - Speed - Agility	Sporting Components Tests Assessment(IC) Selection made from: Rules Scoring Positions Structure Basic Umpiring (Skills For Physical Activity – 25%) Skill Tests Assessment (IC) Selection made from: Handball – Left & Right Kicking – Left & Right Marking Gathering Receiving Bouncing (Skills For Physical Activity – 25%) Observational Checklist (IC) (Interpersonal Skills – 25%) Observational Checklist (IC) (Self-management Skills – 25%) Teachers use observational checklists and teamwork to determine student progress for attitude, behaviour and effort (ABE). Students are provided with regular direct feedback on classwork and achievement. Informal assessments occur on an ongoing basis to provide balance of academic performance.
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4		Fitness Tests Assessment (IC) *Please refer to Formal Assessment Tasks	
5		Skill Development - Kicking – Two Step, One Step, No Step - Handballing	
6		Skill Development - Kicking & Handballing - Marking – Chest & Overhead	
7		Skill Development - Kicking, Handballing & Marking - Marking - Contested	
8		Skill Development - Kicking, Handballing & Marking - Tackling	
9		Skill Tests Assessment (IC) - Kicking, Handballing & Marking	
10		Skill Tests Assessment (IC) - Kicking, Handballing & Marking	

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Kalgoorlie-Boulder Community High School Course Outline

Specialised Football Term 2 Year 9 2016

Week	Outcome	Topic	Formal Assessment Tasks
1	Skills For Physical Activity (50%) Interpersonal Skills (25%) Self-management Skills (25%)	Coaching - Types of Coaching Styles - Coaching Aids & Stop / Start / Keep - Use of the voice & Positioning - Education of players	Coaching Assessment (IC) Use of Coaching Aids Use of Voice Stop / Start / Keep Positioning Education of players (Interpersonal Skills – 7.5%)
2			Umpiring Assessment (IC) Use of Whistle Use of Voice Use of Signals Positioning Education of players (Interpersonal Skills – 7.5%)
3		Coaching Assessment (IC) *Please refer to Formal Assessment Tasks	Advanced Skills and Game Performance (IC) Selection made from: Offensive Skills Defensive Skills Skill Execution Under Pressure (Skills For Physical Activity – 50%)
4		Coaching Assessment (IC) *Please refer to Formal Assessment Tasks	Observational Checklist (IC) (Interpersonal Skills – 12.5%)
5		Umpiring - Use of Whistle - Use of Voice & Signals - Positioning - Education of Players	Observational Checklist (IC) (Self-management Skills – 25%)
6		Umpiring Assessment (IC) *Please refer to Formal Assessment Tasks	Teachers use observational checklists and teamwork to determine student progress for attitude, behaviour and effort (ABE).
7			Students are provided with regular direct feedback on classwork and achievement. Informal assessments occur on an ongoing basis to provide balance of academic performance.
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9		Skill Tests Assessment (IC) - Offensive Skills - Defensive Skills - Skill Execution Under Pressure	
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Kalgoorlie-Boulder Community High School Course Outline

Specialised Soccer Term 1 Year 9 2016

Week	Outcome	Topic	Formal Assessment Tasks
1	Skills For Physical Activity (50%) Interpersonal Skills (25%) Self-management Skills (25%)	Fitness Training - Endurance - Strength / Power - Speed - Agility	Fitness Tests Assessment(IC) Selection made from: Beep Test 1km Interval Time Trial Push Ups & Sit Ups Vertical & Standing Long Jump Illinois Agility Run (Skills For Physical Activity – 10%) Skill Tests Assessment(IC) Selection made from: Passing – Left & Right One Touch – Left & Right Goal Kicking (Skills For Physical Activity – 40%) Observational Checklist (IC) (Interpersonal Skills – 25%) Observational Checklist (IC) (Self-management Skills – 25%) Teachers use observational checklists and teamwork to determine student progress for attitude, behaviour and effort (ABE). Students are provided with regular direct feedback on classwork and achievement. Informal assessments occur on an ongoing basis to provide balance of academic performance.
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4		Fitness Tests Assessment (IC) *Please refer to Formal Assessment Tasks	
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6		Skill Development - Kicking - Passing - Shooting - Dribbling - Receiving - Trapping - Heading - Goal Keeping	
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10		Skill Tests Assessment (IC) - Kicking, Passing, Shooting, Dribbling, Receiving, Trapping, Heading, Goal Keeping	

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Kalgoorlie-Boulder Community High School Course Outline

Specialised Soccer Term 2 Year 9 2016

Week	Outcome	Topic	Formal Assessment Tasks		
1	Skills For Physical Activity (50%) Interpersonal Skills (25%) Self-management Skills (25%)	Coaching - Types of Coaching Styles - Coaching Aids & Stop / Start / Keep - Use of the voice & Positioning - Education of players	Coaching Assessment (IC) Use of Coaching Aids Use of Voice Stop / Start / Keep Positioning Education of players (Interpersonal Skills – 7.5%)		
2			Coaching Assessment (IC) *Please refer to Formal Assessment Tasks	Umpiring Assessment (IC) Use of Whistle Use of Voice Use of Signals Positioning Education of players (Interpersonal Skills – 7.5%)	
3		Advanced Skills and Game Performance (IC) Selection made from: Offensive Skills Defensive Skills Skill Execution Under Pressure (Skills For Physical Activity – 50%)		Observational Checklist (IC) (Interpersonal Skills – 12.5%)	
4			Umpiring - Use of Whistle - Use of Voice & Signals - Positioning - Education of Players		Observational Checklist (IC) (Self-management Skills – 25%)
5		Umpiring Assessment (IC) *Please refer to Formal Assessment Tasks		Teachers use observational checklists and teamwork to determine student progress for attitude, behaviour and effort (ABE).	
6			Skill Tests Assessment (IC) - Offensive Skills - Defensive Skills - Skill Execution Under Pressure		Students are provided with regular direct feedback on classwork and achievement. Informal assessments occur on an ongoing basis to provide balance of academic performance.
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Kalgoorlie-Boulder Community High School Course Outline

Specialised Basketball Term 3 Year 9 2016

Week	Outcome	Topic	Formal Assessment Tasks	
1	Skills For Physical Activity (50%) Interpersonal Skills (25%) Self-management Skills (25%)	Fitness Training - Endurance - Strength / Power - Speed - Agility	Fitness Tests Assessment (IC) Selection made from: Beep Test 1km Interval Time Trial Push Ups & Sit Ups Vertical & Standing Long Jump Illinois Agility Run (Skills For Physical Activity – 25%) Skill Tests Assessment (IC) Selection made from: Passing Catching / Receiving Shooting Dribbling (Skills For Physical Activity – 25%) Observational Checklist (IC) (Interpersonal Skills – 25%) Observational Checklist (IC) (Self-management Skills – 25%) Teachers use observational checklists and teamwork to determine student progress for attitude, behaviour and effort (ABE). Students are provided with regular direct feedback on classwork and achievement. Informal assessments occur on an ongoing basis to provide balance of academic performance.	
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4		Fitness Tests Assessment (IC) *Please refer to Formal Assessment Tasks		
5		Skill Development - Passing - Catching / Receiving - Shooting - Dribbling		
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9				Skill Tests Assessment (IC) - Passing, Catching / Receiving, Shooting & Dribbling
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Kalgoorlie-Boulder Community High School Course Outline

Specialised Basketball Term 4 Year 9 2016

Week	Outcome	Topic	Formal Assessment Tasks
1	Skills For Physical Activity (50%) Interpersonal Skills (25%) Self-management Skills (25%)	Coaching - Types of Coaching Styles - Coaching Aids & Stop / Start / Keep - Use of the voice & Positioning - Education of players	Coaching Assessment (IC) Use of Coaching Aids Use of Voice, Stop / Start / Keep, Positioning Education of players (Knowledge & Understanding – 12.5%) Umpiring Assessment (IC) Use of Whistle, Use of Voice, Use of Signals Positioning, Education of players ,(Knowledge & Understanding – 12.5%) Skill Tests Assessment (IC) Selection made from: Passing, Catching / Receiving, Shooting, Dribbling (Skills For Physical Activity – 25%) Observational Checklist (IC) (Interpersonal Skills – 25%) Observational Checklist (IC) (Self-management Skills – 25%) Teachers use observational checklists and teamwork to determine student progress for attitude, behaviour and effort (ABE). Students are provided with regular direct feedback on classwork and achievement. Informal assessments occur on an ongoing basis to provide balance of academic performance.
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3		Coaching Assessment (IC) *Please refer to Formal Assessment Tasks	
4			
5		Umpiring - Use of Whistle - Use of Voice & Signals - Positioning - Education of Players	
6			
7		Umpiring Assessment (IC) *Please refer to Formal Assessment Tasks	
8			
9		Skill Tests Assessment (IC) - Passing, Catching / Receiving, Shooting & Dribbling	
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Kalgoorlie-Boulder Community High School Course Outline

Specialised Netball Term 3 Year 9 2016

Week	Outcome	Topic	Formal Assessment Tasks
1	Skills For Physical Activity (50%) Interpersonal Skills (25%) Self-management Skills (25%)	Fitness Training - Endurance - Strength / Power - Speed - Agility	Fitness Tests Assessment (IC) Selection made from: Beep Test 1km Interval Time Trial Push Ups & Sit Ups Vertical & Standing Long Jump Illinois Agility Run (Skills For Physical Activity – 25%)
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4		Fitness Tests Assessment (IC) *Please refer to Formal Assessment Tasks	Skill Tests Assessment (IC) Selection made from: Passing Catching / Receiving Shooting (Skills For Physical Activity – 25%)
5		Skill Development - Passing - Catching / Receiving - Shooting - Dribbling	Observational Checklist (IC) (Interpersonal Skills – 25%) Observational Checklist (IC) (Self-management Skills – 25%) Teachers use observational checklists and teamwork to determine student progress for attitude, behaviour and effort (ABE). Students are provided with regular direct feedback on classwork and achievement.
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		Skill Tests Assessment (IC) - Passing, Catching / Receiving, Shooting	Informal assessments occur on an ongoing basis to provide balance of academic performance

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Kalgoorlie-Boulder Community High School Course Outline

Specialised Netball Term 4 Year 9 2016

Week	Outcome	Topic	Formal Assessment Tasks
1	Skills For Physical Activity (50%) Interpersonal Skills (25%) Self-management Skills (25%)	Coaching - Types of Coaching Styles - Coaching Aids & Stop / Start / Keep - Use of the voice & Positioning - Education of players	Coaching Assessment (IC) Use of Coaching Aids Use of Voice, Stop / Start / Keep, Positioning Education of players (Knowledge & Understanding – 12.5%) Umpiring Assessment (IC) Use of Whistle, Use of Voice, Use of Signals Positioning, Education of players ,(Knowledge & Understanding – 12.5%) Skill Tests Assessment (IC) Selection made from: Passing, Catching / Receiving, Shooting, Dribbling (Skills For Physical Activity – 25%) Observational Checklist (IC) (Interpersonal Skills – 25%) Observational Checklist (IC) (Self-management Skills – 25%) Teachers use observational checklists and teamwork to determine student progress for attitude, behaviour and effort (ABE). Students are provided with regular direct feedback on classwork and achievement. Informal assessments occur on an ongoing basis to provide balance of academic performance.
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4		Coaching Assessment (IC) *Please refer to Formal Assessment Tasks	
5		Umpiring - Use of Whistle - Use of Voice & Signals - Positioning - Education of Players	
6			
7		Umpiring Assessment (IC) *Please refer to Formal Assessment Tasks	
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9			
10		Skill Tests Assessment (IC) - Passing, Catching / Receiving, Shooting	

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Kalgoorlie-Boulder Community High School Course Outline

Sport Development – Cricket Term 3 Year 9 2016

Week	Outcome	Topic	Formal Assessment Tasks
1	Skills For Physical Activity (50%) Interpersonal Skills (25%) Self-management Skills (25%)	Fitness Training - Endurance - Strength / Power - Speed - Agility	Fitness Tests Assessment (IC) Selection made from: Beep Test, 1km Interval Time Trial, Push Ups & Sit Ups, Vertical & Standing Long Jump Illinois Agility Run (Skills For Physical Activity – 25%) Skill Tests Assessment (IC) Selection made from: Batting, Bowling, Throwing, Catching / Ground Fielding, (Skills For Physical Activity – 25%) Observational Checklist (IC), (Interpersonal Skills – 25%) Observational Checklist (IC), (Self-management Skills – 25%) Teachers use observational checklists and teamwork to determine student progress for attitude, behaviour and effort (ABE). Students are provided with regular direct feedback on classwork and achievement. Informal assessments occur on an ongoing basis to provide balance of academic performance.
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4		Fitness Tests Assessment (IC)	
5		Skill Development - Batting - Throwing - Bowling - Catching - Ground Fielding	
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Kalgoorlie-Boulder Community High School Course Outline

Sport Development – Cricket Term 4 Year 9 2016

Week	Outcome	Topic	Formal Assessment Tasks
1	Skills For Physical Activity (50%) Interpersonal Skills (25%) Self-management Skills (25%)	Coaching - Types of Coaching Styles - Coaching Aids & Stop / Start / Keep - Use of the voice & Positioning - Education of players	Coaching Assessment (IC), Use of Coaching Aids, Use of Voice, Stop / Start / Keep, Positioning Education of players (Knowledge & Understanding – 12.5%) Umpiring Assessment (IC) Maintenance of Etiquette, Use of Voice, Use of Signals, Positioning, Education of players, (Knowledge & Understanding – 12.5%) Skill Tests Assessment (IC), Selection made from: Batting, Bowling, Throwing, Catching / Ground Fielding (Skills For Physical Activity – 25%) Observational Checklist (IC), (Interpersonal Skills – 25%) Observational Checklist (IC), (Self-management Skills – 25%) Teachers use observational checklists and teamwork to determine student progress for attitude, behaviour and effort (ABE). Students are provided with regular direct feedback on classwork and achievement. Informal assessments occur on an ongoing basis to provide balance of academic performance.
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3			
4		Coaching Assessment (IC) *Please refer to Formal Assessment Tasks	
5		Umpiring - Use of Whistle - Use of Voice & Signals - Positioning - Education of Players	
6			
7		Umpiring Assessment (IC) *Please refer to Formal Assessment Tasks	
8			
9		Skill Tests Assessment (IC) Batting, Bowling, Throwing & Catching / Ground Fielding	
10			

(IC) = In-Class Assessment (AH) = At-Home Assessment



Kalgoorlie-Boulder Community High School Course Outline

Outdoor Education Term 1 Year 9 2016

Week	Outcome	Topic	Formal Assessment Tasks
1	Knowledge and Understanding (50%) Interpersonal Skills (25%) Self-management Skills (25%)	Year 9 Outdoor Education - Introduction, Expectations, Outline Team-Building activities	Year 9 Outdoor Education Context 1 Cycling Theory Exam Practical Skill Challenges (Knowledge and Understanding – 25%) Year 9 Outdoor Education Context 2 Orienteering Theory Exam Navigation Challenges (Knowledge and Understanding – 25%) Observational Checklist (IC) (Interpersonal Skills – 25%) Observational Checklist (IC) (Self-management Skills – 25%) Teachers use observational checklists and teamwork to determine student progress for attitude, behaviour and effort (ABE). Students are provided with regular direct feedback on classwork and achievement. Informal assessments occur on an ongoing basis to provide balance of academic performance.
2		Year 9 Outdoor Education - Team-Building activities	
3		Year 9 Outdoor Education Context 1 - Cycling – Parts and Maintenance	
4		Year 9 Outdoor Education Context 1 - Cycling – Rules, Regulations, Laws and Etiquette	
5		Year 9 Outdoor Education Context 1 - Cycling – Practical Skills	
6		Year 9 Outdoor Education Context 1 Assessment & Competition - Cycling – Theory Exam, Practical Skill Challenges	
7		Year 9 Outdoor Education Context 2 - Orienteering – Using Maps and Compasses	
8		Year 9 Outdoor Education Context 2 - Orienteering – Planning and Following a Route	
9		Year 9 Outdoor Education Context 2 Assessment - Orienteering – Theory Exam, Navigation Challenges	
10		Year 9 Outdoor Education Context 2 - Orienteering – Class Challenges	

(IC) = In-Class Assessment (AH) = At-Home Assessment



Kalgoorlie-Boulder Community High School Course Outline

Outdoor Education Term 2 Year 9 2016

Week	Outcome	Topic	Formal Assessment Tasks
1	Knowledge and Understanding (50%) Interpersonal Skills (25%) Self-management Skills (25%)	Year 9 Outdoor Education Context 3 - Ropes and Knots – Types of Knots, Uses for Knots	Year 9 Outdoor Education Context 3 Ropes and Knots Research Assignment (Knowledge and Understanding – 25%) Year 9 Outdoor Education Context 4 Camp Cooking (Knowledge and Understanding – 25%) Observational Checklist (IC) (Interpersonal Skills – 25%) Observational Checklist (IC) (Self-management Skills – 25%) Teachers use observational checklists and teamwork to determine student progress for attitude, behaviour and effort (ABE). Students are provided with regular direct feedback on classwork and achievement. Informal assessments occur on an ongoing basis to provide balance of academic performance.
2		Year 9 Outdoor Education Context 3 - Ropes and Knots – Knot Tying	
3		Year 9 Outdoor Education Context 3 - Ropes and Knots – Knot Tying Challenges	
4		Year 9 Outdoor Education - Class excursion – YMCA rock climbing wall	
5		Year 9 Outdoor Education Context 3 - Ropes and Knots – Knot Tying Games and Challenges	
6		Year 9 Outdoor Education Context 3 Assessment - Ropes and Knots – Research Assignment (PowerPoint presentation)	
7		Year 9 Outdoor Education Context 4 - Basic Camp Cooking – Trangia Cooking, Fire Safety	
8		Year 9 Outdoor Education Context 4 Assessment - Basic Camp Cooking – Milo, Noodles	
9		Year 9 Outdoor Education - Class Challenges and Competitions	
10		Year 9 Outdoor Education - Class Challenges and Competitions	

(IC) = In-Class Assessment (AH) = At-Home Assessment